



SINCE 1953

BENEFIT ADMINISTRATION CORPORATION

THE OVER-THE-COUNTER DRUGS AND MEDICINES LISTS

Changes effective January 1, 2011

Effective January 1, 2011, certain over-the-counter (OTC) medications must be accompanied by a doctor's prescription. This new legislation affects OTC medications only. Most other supplies are still eligible for reimbursement.

List of OTC Items No Longer Eligible without a Prescription

The following are a list we have compiled based on information within the legislation. The IRS has NOT released a formal list of the items that will no longer be eligible for reimbursement under your Flexible Spending Account without a prescription from a medical doctor as of **January 1, 2011**.

- | | |
|-----------------------------------|-----------------------------------------------------------------|
| Acne Medication | Medicated shampoo |
| Allergy Medicine | Medicated soap |
| Antacids | Motion Sickness pills |
| Antihistamine | Nasal Sinus Sprays |
| Asprin | Nasal Strips |
| Bactine | Nicotine Gum or Patches |
| Anti-diarrhea Medicine | Pain Reliever |
| Bug Bite Medication | Pedialyte |
| Calamine lotion | Rubbing alcohol |
| Cold Medicines | Products for Muscle or Joint Pain
(BenGay, Tiger Balm, etc.) |
| Cough Drops | Sinus Medications |
| Cough Syrups | Sleeping Aids |
| First Aid Cream | Sunburn Ointment or Cream |
| Diaper Rash Ointments | Spermicidal Foam |
| Heartburn medicines | Throat Lozenges |
| Hemorrhoid Medication | Visine or other such eye products |
| Incontinence Supplies | Wart Remover Treatments |
| Laxatives | Yeast infection treatments |
| Lactose intolerance medicine | |
| Menstrual Cycle Products for Pain | |

This could change when the IRS issues a formal list of ineligible items.

List of OTC Items that should not require a Doctor's Prescription

- | | |
|-----------------------------------|-----------------------------|
| Adhesive Bandages | Elastic Bandages & Wraps |
| Braces & Supports | First Aid Kits |
| Catheters | Insulin & Diabetic Supplies |
| Contact Lens Supplies & Solutions | Ostomy Products |
| Contraceptives | Reading Glasses |
| Denture Adhesives | Wheelchairs, Walkers, Canes |
| Diagnostic Tests and Monitors | |

This could change when the IRS issues a formal list of eligible items.